



EUROPE HIGHEST PEAK

ELBRUS (5.642m)

Normal route

“ Technically accessible for good training people, but with respect to high mountain atmosphere and glaciers surroundings, to deal with climb up to the Europe highest peak”

During long time the 5.642 meters Elbrus peak was forgot it, but is the no C.E.E. Europe highest peak. Thanks to flight companies facilities last years it became easily fly to this area, and joint to the political aperture to the active tourism, did Elbrus peak the objective for a lot of climbers.

Placed in the Kabardino Balkaria Russian republic, is called in this place, the Mangitau, with meaning “The top over thousands of mountains”. In this Caucasus mountainous area there are more than 160 peaks over 4.000 meters and 8 over 5.000!

On 1829 July 22, the caucasian Illar Khashirov, scientific-army Russian expedition leader, reached the pass between massif both peaks. Thirty nine years later Douglas Frehfield, British expedition member, reached the 5.626 meters East peak.

The main peak was first time climbed, by British expedition lead by F. Crauford Grove, on 1874 July month.

In a 9 days expedition, we'll attempt to reach the West peak Elbrus massif. If the acclimatized group is good, the climb up speed correct and good climatology conditions, we'll have the possibility for reach the 5.626 meters East peak during the same day.

Technically easy, you need a big resistance for succes it. Other important element is the personal wear equipment: clothing, climb shoes, gloves or sleeping bag, because is not scarce to reach -25°C.





Route

Day 1: **Flight Barcelona – Moscow – Mineralnye Vody.**

Four hours transfer to Terksol village in Baksam valley. Stay in hotel at 2.300 meters.

Hotel (D).

Day 2: **Acclimatize at Elbrus area or Cheget area.**

Depending of the weather we'll take the telepheric to Mir station at 3500m and we'll walk in Elbrus area, or we'll go to Cheget village where by small lift, we'll up to Cheget area and walk near Cheget summit. At the midday well back down to Asau village for take a relax in the hotel

Hotel ** (B,D).

Day 3: **Acclimatize at Prijut Hut at 4.150m.**

After breakfast we will go to the Elbrus Cable Car Station and take the lift up to the Mir Station at 3.500m. From here we will hike to 4.150m, to the site of the Prijut hut. We'll up 300 meters in 3 hours. We'll descent to Elbrus Barrels Camp at 3800m.

Hut (B,L,D).

Day 4: **Acclimatize at Pastukhov rocks.**

After breakfast, we will hike up to the Pastukhov Rocks at 4.800 meters. We'll up 1000 meters in 5 hours approximately, for back down to Barrels Camp.

Hut (B,L,D).

Day 5: **Relax day.**

Relax day in the camp. This day is very important, but may be will be used for atck the summit, depending of the forecast predition for the summit day.

Hut (B,L,D).

Day 6: **Elbrus summit day.**

Summit day! We will have breakfast at 3 am and leave at 4 am. Time to the Europe highest mountain is normally 6 to 8 hours, and the descent to the hut takes another 5 to 6 hours. Reaching the hut between 3 to 4 pm. It is advisable to take a "snow cat" to do the first part of the climb (not included in price). 1.100 meters up and 1700 down!

Hut (B,L,D).

Day 7: **Reserve day.**

Margin day in case of bad weather. Or we'll down to the village.

Hut or hotel (B,L,D).

Day 8: **Descent.**

In the morning we descend to Asau and stay overnight in Hotel. Or we'll go to Pyatigorsk the 5 hills city.

Hotel (B).**

Day 9: **Flight to Barcelona.**

Trip to Mineralnye Vody and flight to Moscow and Barcelona or your destination.

(B).

B: breakfast

A: lunch

C: dinner